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15 May 2015

From the Principal's Desk

Kia Ora

On Wednesday afternoon we had the launch of our 'FRIENDS' youth resilience programme with the Year 9 cohort. The programme which was developed by Professor Paula Barrett aims to increase social and emotional skills, promote resilience and develop strategies and coping skills to help us reach our goals and successfully deal with challenges. It was an interactive afternoon with students participating in different games as a large group and then splitting into small groups for more in depth discussions. Students were encouraged to think about and identify different emotions that people may have and how others perceive these when interacting with them. They also started discussing situations that may make them anxious and why this may be. We look forward to seeing the development of this programme throughout Health and Physical Education lessons with Miss Speakman.

It is great to see so many students embarking on activities outside of the classroom environment. Education outside the classroom is used as an avenue to provide new learning experiences to students in a variety of different settings. As part of our EOTC procedures any parent/caregiver or volunteer that helps with events will first be required to be **police vetted** as part of the Vulnerable Children's Act 2014. Some of you may have already completed this process as a sports coach or manager. We really value the support that parents/caregivers and the wider community give to our school and hope this will continue into the future.

PB4L

Congratulations to George Shead, Sarah Andrews, Meriana Fellows, Jessica Dennis and Ms Swale for winning the achievement draw this week. Jessica received hers for Striving for Excellence in group work and explaining answers in Maths. As mentioned last week, the draws have now been split into junior and senior, so seniors get organised for next week as it is your turn.

Blue Guru

This morning students were entertained by the fantastic Indian and Bollywood musical presentation, Blu Guru. Students had a fascinating insight into Indian music, dance and culture and were taught a full Bollywood routine. The photo shows students on stage learning their steps. It was extremely well received by everyone and the hall was buzzing.



Mrs Alice Cade Acting Deputy Principal

TEXT 'follow themenziesway' to 8987 for information updates

Special Needs Department

Entertainment Book 2015-16

This book is now available from our office at a cost of \$60 and entitles the purchaser to hundreds of valuable offers for restaurants, arts, attractions, hotel accommodation, travel and much more, in the Otago and Southland region. This year there is also a digital membership option for use on Smartphones. This is a fundraising venture for Special Needs students and your support would be greatly appreciated. These books can be used from now until June, 2016. Email enquiries are welcome.

Mrs Toni Halliday

Teacher in Charge - Special Needs

English Department

English 101 Assessment dates

AS90854 - Form personal response to independently read texts, supported by evidence -

Response # 5 -Wednesday 3 June, period 4

Response # 6 – Wednesday 1 July, period 4

Ms Sonja Swale Head of Department - English

Reading Together

Just a reminder to parents of Year 7 and 8 students that the letter sent home last week about the 'Reading Together' programme needs to be returned as soon as possible. This programme has been designed to help you and your child gain the best results from their reading. It is free of charge and only four brief sessions. There are only a few spaces left so please get the form returned by Tuesday 19 May. Thank you.

Mrs Barb Cowley Teacher

Careers Department

Health Careers Expo

Menzies College is attending the Health Careers Expo at Southland Hospital on Tuesday 19 May. The Expo is for Years 10 and 11 students thinking about a career in the health industry. There are a number of different career options and it is a good opportunity for the students to talk to people in the industry and hear about what their job involves. There are representatives from dentistry, nutrition, maternity, sexual health, doctors, nurses and mental health to name a few. In the past, our students have had an enjoyable time and come away feeling inspired. Menzies is booked in from 11am-12pm. We will be leaving school around 10.15am and arriving back around 12.30pm. Students are expected to go to their period 4 class and be in full tidy school uniform. There is a \$10 charge for the bus that will need to be paid to the office before we leave. Parents/caregivers are welcome to join us and are asked to indicate on the permission from if they wish to attend.

Miss Katie Hall Career Advisor

James Hargest College - Careers Focus Week: 26-27 May - Senior Campus Hall

Do you enjoy Mechanical Engineering, Wood and Furniture Making, Technology Hard Materials, Hospitality and Catering? Do you wonder where these subjects could lead you in your Career? Then you need to find out more about the Trades!

Come along to hear talks about what trade work involves, what employers are looking for in school leavers and what is covered in pre trade courses from training providers and major employers on Wednesday 27 May at 5.30pm.

- BCITO (Construction Trades)
- Southern Institute of Technology
- StabiCraft
- ETCO (Electrical Apprenticeships)
- NZ Defence Forces (all trades)
- MaCaulay Motors
- Sue Morrison-Bailey from Venture Southland talking about growth areas/opportunities in the Southland economy

Camps



At the end of Term 2 (23 to 26 June) Year 9 students will be going on camp to the Tautuku Outdoor Education Centre. This camp is a good opportunity for students to experience and practise what they have learnt in class over the course of this term. The activities are undertaken in small groups and are an ideal way for them to practise working co-operatively in a small group. Some of the activities are kayaking, abseiling, confidence course, bush navigation, nature walk and a flying fox.

The cost of the camp is \$140. If you would like to come along as a parent/caregiver help could you please contact the school and leave your name and contact details and if you are able to take a vehicle or not. If you would like to set up an automatic payment to pay for the camp the details are: 03 0962 0044848 000 (Wespac Bank). Please enter the student's surname followed by their initial or first name. Payments can be made weekly, fortnightly or monthly depending on your circumstances. Thank you for your continued support, without which camps would not be able to go ahead. If you have any questions, please contact either Matt Cook or Nicola Speakman (Year 9 and 10 Deans) at school on (03) 206 4979.

Science Department

Science Enrichment Camp - Year 9 & 10

This year the science department is offering the opportunity for 24 Year 9 and 10 students to go to Dunedin for three days to experience a range of science activities. The residential will be from Tuesday 11 August to Thursday 13 August. The cost to each student will be in the region of \$170 (although the costs have to be finalised) which will include transport, fuel, accommodation, activities and the majority of the food. Chocolate will be available for students to sell to help them fund raise all or some of this amount; many students in the past have sold enough chocolate to 'go for free'.

We really appreciate the on-going support of Fonterra and we are able to offer a significant subsidy of \$50 per student. Fonterra's support has made many trips more affordable for students and their families.

The main activities we will be doing are:

- Spending 2 full days (Tuesday 11 and Wednesday 12 August) at the Portabello Marine Biology facility which is a New Zealand and World leader in its field.
- We will spend Monday night in the middle of the Otago harbour at Quarantine Island, a short boat ride away, where we sleep in dormitories in an old hostel and will be the only people on the island other than the host family. This unique and wild experience is complimented by composting toilets and taking your own food / rubbish in and out.
- Otago museum is our destination for the Wednesday evening and night where we will sleep on the floor of Discovery World. Here we will undertake hands on science activities, visit Discovery World and Tropical World with the butterflies and head home on Thursday 13th.

The hardest part is selecting which students will have the opportunity to go; the Science Enrichment Camps are always oversubscribed and unfortunately we can't take everybody! We would love to take more than 24 students but we are limited by transport, accommodation and the numbers the different activities can take. This opportunity is open to everyone, so if you were lucky enough to go on the Year 7 and 8 camp or you didn't quite make it, it doesn't matter, I would love to hear from you. If a student wishes to go they need to write a letter and hand it into the school office or their science teacher by Friday 22 May. The letter needs to include why they would like to go, what they enjoy about science, what they think they will gain from the experience and why they are a suitable candidate. In selecting students we will also take into account their engagement and ability in Science lessons and their suitability as a candidate.

We will inform students as soon as possible after Friday 22 May and provide them and their families with more details about the specific arrangements for the camp itself. If you have any questions or concerns please contact me on nigel.scarth@menzies.school.nz or call the school on 206 4979. Good luck!

Nigel Scarth Head of Department - Science

Year 12 Chemistry

Year 12 titration day - Wednesday 17 and Thursday 18 June, all day based in Lab one - 4 internal credits. This will not be offered at another time so attendance is a must! Any questions or concerns see Mrs Dale as soon as possible.

Lost Property

We have a huge amount of un-named lost property in the office. If you are aware that your son/daughter has misplaced any articles of clothing, please call into the office and check it out. **Anything unclaimed will be sold and money donated to the PTA.** Thank you for your assistance in this matter.

'The Teenage Brain' with Nathan Mikaere-Wallis

(Teenagers are invited to attend with their parents at no additional cost!)
Nathan explains the massive changes the teenage brain undergoes and covers

- "brain based" tips to help you understand the Teenage Brain
- "brain based" tips for successful parenting

This workshop explores and explains the latest understandings of the adolescent brain and the changes that are taking place. An understanding of these changes allows us to be innovative in our approach to young people. It is an interactive programme that encourages discussion. Topics covered include:

- risk taking
- decision making
- alcohol and drugs
- technology
- sleep patterns
- peer pressure
- plus much, much more

TIME: 7pm - 9:30pm DATE: Wednesday 10 June

VENUE: James Cumming Wing, Gore

COST: \$25

Menzies College Soccer

Up Coming Games for Wednesday 20 May

On Wednesday next week we will be taking both girls teams to play teams in Invercargill and Winton. The boys team will play their first competition game on the same day at Menzies College. We need help with transport so please let Mr Lambert know as soon as possible if you can help with this.

Menzies 1st XI vs CSCt 1st XI (Girls) 4pm kick-off (in Winton)

Menzies Development vs JH "B" (Girls) 4pm kick-off (in Invercargill)

Menzies 1st XI (Boys) vs Gore 1st XI (Boys) 4pm kick-off (at Menzies)

Soccer Subs 2015

These are \$40.00 per player. This amount covers entry fee and administration costs. Other costs that could occur are transport if we do not have enough parents/caregivers to help out. In these instances students will be asked to help with the costs.

League Start Dates

Girls 1st XI team - Premier Competition starts 27 May Girls Development team - Division Two Competition starts 13 May Boys 1st XI team - College Football League Division Two starts 20 May

EOTC Permission Form (Very Important)

This form must be signed and returned to Mr Lambert as soon as possible. Payment can be made immediately with cheques payable to Menzies College. A letter has also been sent home regarding transport. If you can help out with this, please complete the details and return the form to Mr Lambert. This will help keep costs down for the players.

Ordering Menzies College Soccer Gear

Players can order hoodies (black and green) and we also have a polo shirt that can be worn to games. There is also a warm-up jacket, black shorts and socks available. **Any orders must be given to Mr Lambert not the office.** Please remember orders must have the money attached before they will be placed.

Training

Training will take place on Tuesdays from 3.30pm to 5pm for girls and Thursday from 3.30pm to 5pm for boys. Girls can attend the boys' training if they cannot attend on Tuesday.

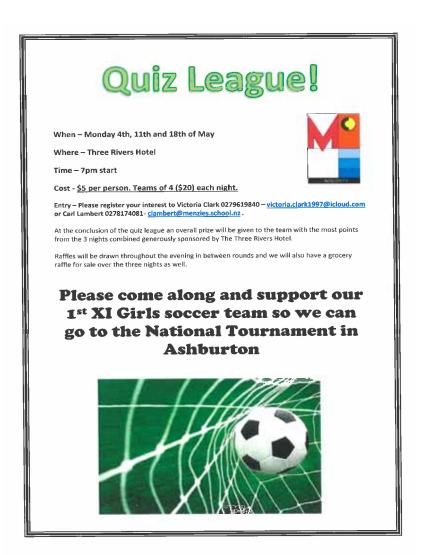
Check out our Facebook page; "MENZIES COLLEGE SOCCER" put it into search engine on internet and it will appear. If you need any more information please contact me here at Menzies College- Carl lambert 032064979 or clambert@menzies.school.nz

Important Upcoming Dates

•	•
18 May	Quiz Night 7pm Three Rivers Hotel (last one)
19 May	7 a-side Tournament in Lumsden
20 May	League Games:
	(Girls) 1st XI vs CSC 4pm (Winton) Friendly
	(Girls) Menzies "B" vs JH "B" 4pm (Invercargill)
	(Boys) 1st XI vs Gore HS 4pm (Menzies)
26 May	Girls Training
27 May	League Games:
	(Girls) 1st XI vs CSC 4pm (Menzies)
	(Girls) Menzies "B" vs Verdon 4pm (Menzies)
	(Boys) 1st XI vs Aurora College 4pm (Invercargill)
28 May	Boys Training

Important Dates

May	19	/-a-side
		Health Careers Expo - Year 10-11
	29	Teacher Only Day - School closed for students
June	1	Queen's Birthday observance - school closed
	3	Junior Tabloid sports
	14-16	Tautuku Pre-camp
	25	Incubator visit to hospital
	23-26	Year 9 Tautuku camp
	23-2 July	Year 7 & 8 Deep Cove camp
July	3	Haka and Waiata competition Last day Term 2
	20	First day Term 3



Menzies College Netball

Results - Grading Games 9 May

Menzies A - 24 v Gore High B - 30 Menzies B - 12 v St Peters B - 41

Menzies Dvt - 22 v Blue Mountain Dvt -17 Menzies Green - 30 v Blue Mountain Silver - 7

Draw - 16 May

Menzies A v St Marys B - Court 1 at 2.15pm

Menzies B v Gore High Senior Gold - Court 1at 3.10pm

Menzies Dvt v St Peters 10A - Court 2 at 1.20pm Menzies Green v Gore High 9B - Court 4 at 11.30am

End of day duty - Menzies B

This morning we had our first fitness session. Fifteen students arrived in the rain at 7am, everyone was very enthusiastic and had a great time. The students ranged from Year 9-13 netball girls. If you would like to come along it would be great to see you next Friday morning.

Miss Nicola Speakman Teacher in Charge - Netball

Community Notices

Wyndham Community Pool

A reminder that pool keys can be returned to the Menzies College office for a \$10 refund until 22 May. You also have the option of keeping your key until next season. The pool is now closed. A very big thank you to everyone that supported the pool this season.

Glenham School Garage Sale

Is it time for a clean out? Do you have any unwanted items that you no longer require? Then please donate these to the Glenham School Monster Garage Sale. This is a fundraiser to help get parents go to Christchurch for the whole school camp in October. We will collect items if needed or there will be drop off points. If you have things you want to donate please ring either Suzanne Paterson (03) 2066086 or Michelle de Haas (03) 2064889.

Sports News

Cross Country

The school cross country went off without a hitch last Friday and we were lucky with the weather. Below are the results from the age group placings. Well done to all those who got out there and gave it a good go, participation was great and rivalry amongst the Houses' was fantastic. Special mention to a couple of students that stood out on the day; Candra Watson – under 13 girls age group ran the course twice (this is usually only done by the over 16 boys) and Samuel Moncur for outstanding effort and integrity while completing in the cross country, doing Matai proud.

ı	In	A	er	1	3	C	r	c
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1st	Marina Ferguson
2nd	Rhylee McGregor
3rd	Brianna Ferguson
4th	Bethany Loveridge
5th	Victoria Kelly

Under 14 Girls

1st	Tyla Adams
2nd	Brittany Tiller
3rd	Erin Norman
4th	Sarah Andrews
5th	Taylor Stewart

Under 16 Girls

1st	Summer Smith
2nd	Sophie Shaw
3rd	Lauren Story
4th	Abbey Young
5th	Rhiannon Gorman

Over 16 Girls

Ovei	IO GII IS
1st	Holly Smith
2nd	Tomazina Koppen-Pavlovich

3rd Victoria Clark4th Lilly McKenzie5th Pania Rayner

Under 13 Boys

Keegan Knapp Ryan Smith Maximus Ashman Zayden Moir Connor Poyntz-Roberts

Under 14 Boys

Josh Read Hayden Stuart William Ranstead Luke Goatley Nic Nunez

Under 16 Boys

Joseph Ferguson Cameron Parkinson William Dickey Flynn Hartley Ricci Paderanga

Over 16 Boys

Doug Fotheringham Tyron Braven Caleb Young Sean Wallis Jamie Ranstead





Thank you to all the staff for their support and help with the prep and the running of the event.

Miss Katie Hall Sports Co-ordinator



Southland Cross Country

On Wednesday 13 May we left a cold morning in Wyndham and arrrived at a freezing day in Te Anau. Snow on the mountains, flooding on the running course and constant rain sets the scene for the Southland Cross Country. Battling the elements, 21 fighting fit Menzies students participated with high spirits and enthusiasm.

First up in the U13 girls were Marina Ferguson and Bethany Loveridge. Marina was Menzies top place getter coming in 8th in her age group. Next up was Keegan Knapp, Connor Poyntz-Roberts and Lachlan Stewart in the U13 boys with strong running from the young year 7 students. Tyla Adams, Sarah Andrews, Brittany Tiller, Erin Norman and Taylor Stewart competed in the U14 girls race. Under 14 boys coming in with a slip slide finish, Joshua Read was the first Menzies boy, then with a rush of green and red in order; William Ranstead, Caeden McGregor, Luke Goatley and Hayden Stuart. The Under 16 girls were well represented by Sophie Shaw, Summer Smith and Lauren Story finishing strong. Under 16 boys finished up with Joseph Ferguson first home for Menzies then William Dickey second (who experienced his first year in that age group) and Flynn Hartley who had bounds of energy when he came down the final leg forward rolling his way over they finish line.

Congratulations all Menzies students who qualified for the Southland Champs and for your participation and outstanding demonstration of the school values when out and about.

Thank you for all the parent/caregiver help and support, it was great to see some grandparents there as well cheering on the team. Sue Dynes you did it again! You are so organised! Thank you. (See photos on previous page).

7 A-side Tournament

Menzies College is participating in the annual Country Schools 7-Aside Tournament on Tuesday 19 May. There is no postponement date. This year the tournament will again be hosted by Northern Southland College in Lumsden. Rugby, netball, volleyball and soccer will be held at the Northern Southland College grounds. Badminton will be held at the Mossburn Community Centre. Students will travel to the venues by bus, departing at 8:45am and returning to Menzies College at approximately 4:30pm. Those students playing badminton will travel with their coach. Students will need to organise their own transport home on their return to Wyndham. The cost of the trip will be \$20 per student.

All students will need to ensure that they travel and play in their correct Menzies College School and Sports uniform. Students may purchase food from the canteen at Northern Southland College but they do not have a large variety of food so a cut lunch may also be advisable. Students will need to take their own lunch to Mossburn. **STUDENTS ARE NOT PERMITTED TO LEAVE ANY OF THE SPORTING GROUNDS AT ANY TIME.** If you have any questions please contact me at school.

Miss Katie Hall Sports Co-ordinator

Menzies College Rugby

Results - 9 May

Preston Russell 1st XV v St Peters - won 21-7 - another solid effort.

Titiroa Transport U6 v St Peters - lost 22-27 - a huge effort and unlucky to lose. I repeat, watch this team for improvements.

Tisbury Wools U14 v DLS - won 67-5 - teamwork and fitness growing from a great team. A Grade U13 v DLS - lost 12-103 - this team has talent and potential. Keep at it!

Draw - 16 May

Preston Russell Law 1st XV v Central Southland College at CSC - 1.15pm Titiroa Transport U16 v DLS Midlands at Drummond 1 - 1.30pm

Tisbury Wools U14 v SBHS White at Centrepoint Park No.10 - 12 noon. (Please remember \$4 gate fee for Oreti Park).

A Grade U3 v Te Anau at Te Anau No. 3 - 10.30am

Please remember all supporters are very welcome and appreciated. Positive support does help the guys give their best. Ask the players/coaches if there is any travel organised to away games. Please remember to keep behind any designated barriers around playing fields, this is an important rule.

Subs

A reminder these are due. Please check with your managers and get any outstanding subs paid.

Firewood for Sale

\$60 cubic metre. Please ring Jimmy Braven (03) 206 4940 or 027 2286354 to order.

Skills Coaching Day

This is on Sunday 24 May at Rugby Park from 10 am and is for all U16 players. Enter at the swimming pool end - everyone is welcome.

Menzies Rugby would like to acknowledge the generous support we receive from the following:
Preston Russell Law, Haakman Bulbs, Vetco, Titiroa Transport, Tisbury Wools, JJ's Gore Itd, Aon NZ,
Lees dairy, MLT, Donald Engineering, AB Lime, Mainland Minerals, Rodgers Garage

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